Don't confuse this with 2-phase commit.)

2-phase locking is a protocol in which each transaction

has 2 phases: (1) acquire locks they can be spread over

(2) release locks multiple operations

rigorous 2PL is a special case in which all locks are released at the end of the transaction - when it commits.

This is the default setting in MySQL.

See textsook & IU. 4.5.2 for a few more details